



Domestic Abuse Council Inc.

P.O. Box 142, Daytona Beach, Florida 32115 ❖ 386.257.2297 ❖ Fax: 386.248.1985

www.domesticabusecouncil.com

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For Immediate Release:

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October is both National Domestic Violence Awareness Month and National Bully Prevention Month. New Life Martial Arts has teamed up with the Domestic Abuse Council, Inc. of Volusia County to provide Personal Protection (previously known as self-defense) Classes.

The series of 4 classes are consecutive Mondays starting October 3rd at 7:30PM or Tuesdays starting October 4th at 6:30PM.

The 4 week program is specifically priced at only \$59.00. New Life Martial Arts will donate a portion of the proceeds to the Domestic Abuse Council. The class is geared toward teens and adults.

Participants should wear comfortable and loose clothing and should arrive to the first class 15 minutes early for registration.

For more information or to register, call 386-846-7348, or email info@PortOrangeKarate.com or go to www.PortOrangeKarate.com. Classes will be held at New Life Martial Arts, 4215 S. Ridgewood Ave. Suite 103, Port Orange

For more information on this and other programs about domestic violence and prevention, please contact the Domestic Abuse council at 386-257-2297 or call the hotline at 386-255-2102 or 1-800-500-1119.

END

Services

❖ Emergency Shelter ❖ Transitional Housing ❖ School Based Prevention Programs ❖
❖ Court/Legal Advocacy ❖ Community Education and Professional Training ❖